

Physical Education (PHED)

Courses

PHED 1003. The Physical Education Profession: An Overview. 3 Hours.

An introduction to the teaching of physical education. (Typically offered: Fall and Spring) May be repeated for degree credit.

PHED 2023. Sport Skills. 3 Hours.

This course is designed to prepare the student to teach sport skills, primarily those taught in grades 5-8. Prerequisite: PHED 1003. (Typically offered: Fall and Spring)

PHED 2373. Elementary Physical Education. 3 Hours.

Program planning and techniques of teaching physical education activities to children; for early childhood, elementary and physical education teachers, supervisors, and principals. Prerequisite: PHED 1003. (Typically offered: Fall and Spring)

PHED 3003. Outdoor Education. 3 Hours.

This course is designed to provide opportunities for the student to acquire the skills, teaching and leadership techniques associated with outdoor and adventure activities. Prerequisite: Admission into PHED BSE program is required. (Typically offered: Fall)

PHED 3033. Educational Rhythms and Gymnastics. 3 Hours.

This course is designed to provide opportunities for the student to perform and teach a variety of rhythmical and gymnastic activities. Prerequisite: Admission into PHED BSE program is required. (Typically offered: Spring)

PHED 3043. Teaching Fitness. 3 Hours.

Instructional strategies for teaching public school students about fitness concepts. Prerequisite: Admission into PHED BSE program is required. (Typically offered: Spring)

PHED 3163. Exercise Physiology: Theory and Application. 3 Hours.

Examination of the changes during childhood and adolescence of physiological responses to exercise. The exploration includes the study of the maturation of the body's functional capacities as it relates to exercise. Designed for Physical Education Teacher Education majors. Prerequisite: BIOL 2443 and BIOL 2441L. (Typically offered: Fall and Spring)

PHED 3163H. Honors Exercise Physiology: Theory and Application. 3 Hours.

Examination of the changes during childhood and adolescence of physiological responses to exercise. The exploration includes the study of the maturation of the body's functional capacities as it relates to exercise. Designed for Physical Education Teacher Education majors. Prerequisite: BIOL 2443 and BIOL 2441L and P-12 or K-12 physical education major. Honors standing. (Typically offered: Fall and Summer)

This course is equivalent to PHED 3163.

PHED 3203. Principles and Problems of Coaching. 3 Hours.

A focus on the various aspects of coaching the athletes in contemporary society through an examination of research findings related to factors affecting performance. Attention to be given to principles, problems and understanding essential to the management of athletic contests. (Typically offered: Fall and Spring)

PHED 3223. Motor Development. 3 Hours.

An overview of contemporary motor development and movement theory, developmental hierarchies, and physiological aspects of development throughout the lifespan. (Typically offered: Fall and Spring)

PHED 3413. Administration in Physical Education. 3 Hours.

An examination of the administrative duties of the physical education teacher. (Typically offered: Spring)

PHED 3573. The School Health Program. 3 Hours.

Studies school health services, the health environment, and health education, as well as the teacher's potential role in each. Prerequisite: PBHL 1103. (Typically offered: Fall)

PHED 3623. Sport Sociology. 3 Hours.

An investigation of the impact of physical education and sport on society. (Typically offered: Spring)

PHED 3903. Physical Education for Special Populations. 3 Hours.

Provides fundamental concepts and skills essential to physical education programming for students with disabilities. Deals with definitions, disabling conditions, developmental and remedial activities, games, and sports. Prerequisite: Junior standing. (Typically offered: Fall)

PHED 3903H. Honors Physical Education for Special Populations. 3 Hours.

Provides fundamental concepts and skills essential to physical education programming for students with disabilities. Deals with definitions, disabling conditions, developmental and remedial activities, games, and sports. Prerequisite: Junior standing. (Typically offered: Fall)

PHED 391V. Special Topics in PHED. 1-3 Hour.

Designed to cover specialized topics not presented in physical education coursework. (Typically offered: Irregular) May be repeated for up to 9 hours of degree credit.

PHED 4001. Coaching Practicum. 1 Hour.

Designed for students who want to add the Coaching Endorsement to the state teaching license. Student serves as a coaching assistant with a local school, University or recreational sports team. Students who serves as a coaching assistant with a local school must successfully complete a criminal background check prior to beginning coaching practicum. Prerequisite: PHED 3203 and proof of current First Aid/CPR/AED certification submitted to instructor of record. (Typically offered: Fall and Spring)

PHED 4023. Class Management. 3 Hours.

This course is designed to provide opportunities for the student to acquire an understanding that emphasizes class management; and includes professional ethics, and school policies related to students, faculty, and programs. Corequisite: PHED 407V and PHED 4733. Prerequisite: Senior status in PHEDBS; a grade of "C" or better in all KINS/PHED Teacher Education classes (PHED 1003, PHED 2023, PHED 3033, PHED 3043, PHED 3203, PHED 2373, PHED 4703, PHED 4743, PHED 3903, PHED 432V, PHED 3003, PHED 3623 and PHED 3413); a cumulative grade point average of 2.7; passing scores on approved standardized assessments as listed by the COEHP Office of Teacher Education; completion of the Praxis II content knowledge for Health and Physical Education exam, with scores presented to the university internship supervisor by December 1st. (Typically offered: Spring) May be repeated for degree credit.

PHED 407V. Physical Education Teaching Internship. 1-9 Hour.

This internship involves supervised teaching experience in a P-12 setting. Students will be placed under the guidance of a mentor teacher at specific school sites within NW Arkansas. Internship will be done at both the elementary and secondary levels. Successful completion of a criminal background check is required before beginning internship. Corequisite: PHED 4023 and PHED 4733. Prerequisite: Admission into PHED BSE program is required. (Typically offered: Spring)

PHED 432V. Teaching Practicum. 1-2 Hour.

K-12 Kinesiology majors serve as a teaching assistant with a local school physical education teacher. This course should be taken the semester before PHED 407V Internship. Prerequisite: Admission into PHED BSE program is required. (Typically offered: Fall)

PHED 4703. Assessment in Physical Education. 3 Hours.

An examination of the assessment duties required of a physical education teacher. The use of authentic assessment and various grading strategies will be investigated. Prerequisite: Admission into PHED BSE program is required. (Typically offered: Fall)

PHED 4733. Senior Seminar. 3 Hours.

This capstone class will cover special topics for the Kinesiology P-12 students in preparation for entry into the profession. Resumes, cover letters, teaching philosophy, references, and interview preparation will be included. Students will also review contemporary issues relevant to the physical education teacher. Corequisite: PHED 4023. Prerequisite: Senior status in PHEDBS, a grade of "C" or better in all KINS/PHED Teacher Education classes: PHED 1003, PHED 2023, PHED 3033, PHED 3043, PHED 3203, PHED 2373, PHED 4703, PHED 4743, PHED 3903, PHED 432V, PHED 3003, PHED 3623 and PHED 3413; a cumulative grade point average of 2.7 or greater; and passing scores on approved standardized assessments as listed by the COEHP Office of Teacher Education; and the completed Praxis II content knowledge for Health and Physical Education exam with scores presented to the university internship supervisor by December 1st. (Typically offered: Spring)

PHED 4743. Secondary Physical Education. 3 Hours.

Strategies and curriculum for physical education, grades 7-12. Prerequisite: PHED 1003, a cumulative grade point average of 2.7, and passing scores on approved standardized assessments as listed by the COEHP Office of Teacher Education. (Typically offered: Fall)

PHED 480V. Workshop. 3-6 Hour.

Physical education workshop. Prerequisite: Instructor consent. (Typically offered: Summer)

PHED 5243. Sport Skill Assessment and Instructional Strategies. 3 Hours.

The focus of this course is practical assessment techniques and instructional strategies in the area of sport and physical education activities. (Typically offered: Fall and Summer)

PHED 5253. The Physical Education Curriculum. 3 Hours.

Principles, problems, procedures, and the influence of educational philosophy on programs in physical education and their application in the construction of a course of study for a specific situation. (Typically offered: Fall and Summer)

PHED 5273. Professional Issues in Physical Education and Sport. 3 Hours.

A review of contemporary research literature informing effective teaching practices in physical education settings. Students gain experience in critically reviewing literature and discussing current issues. (Typically offered: Fall and Summer)

PHED 5313. Risk Management in Physical Education & Athletics. 3 Hours.

This course is designed to provide opportunities for the student to acquire an understanding of how to reduce the risk of injuries and eliminate hazards that may contribute to injuries associated with physical education and athletics. (Typically offered: Spring and Summer)

PHED 5483. Conducting Research in Physical Education. 3 Hours.

Methods and techniques of research in physical education, including an analysis of examples of their use and practice in their application to problems of interest to the student. Prerequisite: Students must be currently enrolled in the online MEd in Physical Education program. (Typically offered: Fall, Spring and Summer)

PHED 5553. Scientific Principles of Movement and Performance. 3 Hours.

This course focuses on theoretical information about sport biomechanics and movement principles, with practical applications to the physical education of coaching profession. (Typically offered: Spring and Summer)

PHED 5643. Motor Learning. 3 Hours.

Concepts of motor learning and control are presented. Attention is given to an analysis of the literature in movement control, motor behavior, and motor learning. (Typically offered: Fall and Spring)

PHED 5753. Sport Psychology. 3 Hours.

Investigation of historical and contemporary research in sport psychology. (Typically offered: Spring and Summer)

PHED 5803. Measurement Concepts for K-12 Physical Education Teachers. 3 Hours.

This course focuses on techniques that physical education teachers can use to monitor student progress in a K-12 environment. (Typically offered: Spring and Summer)

PHED 6363. Supervision in Physical Education. 3 Hours.

The focus of this course is instructional supervision as a set of complex processes in which the supervisor works within accepted guidelines and functions to effectively supervise a teacher's pedagogical development. The Physical Education Instructional Supervision (PEIS) Model will be used to help facilitate this process. (Typically offered: Fall and Spring)

PHED 6723. Project Implementation and Data Analysis. 3 Hours.

This course is designed to provide students with the tools to identify, develop, and submit grant proposals. (Typically offered: Fall and Spring)