

# Community Health Promotion (CHLP)

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## Courses

### **CHLP 3100V. Health Coaches I. 1-3 Hour.**

This course, designed for students whose career goals are focused on community/healthcare service, is a study of key issues concerning community health care, aimed at developing practical approaches to supporting patients. Students study the medical, social, cultural, and economic challenges as well as opportunities that exist within evolving health care systems, and consider how these forces, in addition to behavioral and psychological factors, affect health outcomes of individual patients. Obstacles to effective health care as well as strategies for enabling at-risk patients to play more active roles in promoting their health and well-being are key issues. This course provides students with the academic foundation for the field-based Health Coaches II and III. (Typically offered: Fall and Spring) May be repeated for up to 3 hours of degree credit.

### **CHLP 3200V. Health Coaches II. 1-3 Hour.**

Health Coaches II is the field-based second course in the three-course Health Coaches sequence. Health Coaches will become engaged in the processes of educating and motivating identified at risk patients to take an active and meaningful role in their health and well-being. Students are required to make scheduled visits to their assigned patients' homes, potentially attend doctor appointments with the patient, engage in phone interactions with patients and the healthcare team as needed, and meet face-to-face weekly with the care coordination healthcare team to discuss patient experiences and strategies for optimizing healthcare outcomes for individual patients. Prerequisite: CHLP 3100V. (Typically offered: Fall, Spring and Summer) May be repeated for up to 3 hours of degree credit.

### **CHLP 3300V. Health Coaches III. 1-3 Hour.**

Health Coaches III is the field-based third course in the three-course Health Coaches sequence. Health Coaches will continue to be engaged in the processes of educating and motivating identified at risk patients to take an active and meaningful role in their health and well-being through scheduled visits to their assigned patients' homes or by phone, potentially attending doctor appointments with the patient, and participating in face-to-face weekly with the care coordination healthcare team to discuss patient experiences and strategies for optimizing healthcare outcomes for individual patients. In addition, students at this level will provide leadership within student care teams and provide community outreach under the direction of the professional healthcare team. Prerequisite: CHLP 3100V and CHLP 3200V. (Typically offered: Fall, Spring and Summer) May be repeated for up to 3 hours of degree credit.