

Teaching K-12 Physical Education and Health B.S.E.

Teaching K-12 Physical Education & Health Eight-Semester Degree Program

The teacher education program for Teaching K-12 Physical Education & Health does not qualify for the eight semester degree plan due to the cumulative GPA requirements for progression. However, the following 8-semester sample plan shows how a first-year student could select their courses to finish in four years.

First Year	Units	
	Fall	Spring
ENGL 1013 Composition I (ACTS Equivalency = ENGL 1013) (Satisfies General Education Outcome 1.1)	3	
Social Sciences State Minimum Core (except PSYC 2003) (Satisfies General Education Outcome 3.3) ^{1, 4}	3	
Satisfies General Education Outcome 3.4:		
BIOL 1543 Principles of Biology (ACTS Equivalency = BIOL 1014 Lecture) & BIOL 1541L Principles of Biology Laboratory (ACTS Equivalency = BIOL 1014 Lab)	4	
PBHL 1103 Personal Health and Safety	3	
PHED 1003 The Physical Education Profession: An Overview	3	
ENGL 1023 Composition II (ACTS Equivalency = ENGL 1023) (Satisfies General Education Outcome 1.1)		3
MATH 1203 College Algebra (ACTS Equivalency = MATH 1103) (Satisfies General Education Outcome 2.1)		3
COMM 1313 Public Speaking (ACTS Equivalency = SPCH 1003) (Satisfies General Education Outcomes 1.2 and 5.1)		3
U.S. History or Government State Minimum Core (Satisfies General Education Outcome 4.2) ¹		3
PHED 2023 Sport Skills ³		3
Year Total:	16	15

Second Year	Units	
	Fall	Spring
PHED 3223 Motor Development	3	
PSYC 2003 General Psychology (ACTS Equivalency = PSYC 1103) (Satisfies General Education Outcome 3.3)	3	
General Elective	3	
Fine Arts or Humanities State Minimum Core (Satisfies General Education Outcome 3.1 or 3.2) ^{1, 4}	3	
Satisfies General Education Outcome 3.4:		

BIOL 2443 Human Anatomy (ACTS Equivalency = BIOL 2404 Lecture) & BIOL 2441L Human Anatomy Laboratory (ACTS Equivalency = BIOL 2404 Lab)	4	
Social Sciences State Minimum Core (except PSYC 2003) (Satisfies General Education Outcome 3.3) ^{1, 4}		3
Humanities or Fine Arts State Minimum Core (Satisfies General Education Outcome 3.2 or 3.1) ^{1, 4}		3
General Elective		6
PHED 2373 Elementary Physical Education		3
Year Total:	16	15

Third Year	Units	
	Fall	Spring
PHED 3003 Outdoor Education	3	
CIED 3033 Classroom Learning Theory	3	
PHED 3203 Principles and Problems of Coaching	3	
PHED 3903 Physical Education for Special Populations	3	
PHED 3163 Exercise Physiology: Theory and Application	3	
PHED 3043 Teaching Fitness		3
EXSC 3353 Mechanics of Human Movement or EXSC 3013 Functional Anatomy for Exercise Science		3
PHED 3623 Sport Sociology (Satisfies General Education Outcome 4.1)		3
General elective		6
Year Total:	15	15

Fourth Year	Units	
	Fall	Spring
PHED 3573 The School Health Program	3	
CNED 4003 Classroom Human Relations Skills	3	
PHED 432V Teaching Practicum	1	
General Elective	3	
PHED 4703 Assessment in Physical Education	3	
PHED 4743 Secondary Physical Education	3	
PHED 4023 Class Management		3
PHED 407V Physical Education Teaching Internship		6
PHED 4733 Senior Seminar (Satisfies General Education Outcome 6.1)		3
Year Total:	16	12

Total Units in Sequence: 120

¹ Core areas must be completed as outlined in State Minimum Core (<http://catalog.uark.edu/undergraduatecatalog/gened/stateminimum/>).

² EXSC 3153 has additional prerequisites not included in program of study.

³ Must have grade 'C' or better to award degree credit.

4 Students must complete the State Minimum Core requirements (<https://nam03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnextcatalog.uark.edu%2Fundergraduatecatalog%2Fgenerated%2Fstateminimum%2F&data=02%7C01%7Cagriffin%40uark.edu%7Ce4e632415f9b49eda9bf08d7f5c20b91%7C79c742c4e61c4fa5be89a3cb566a80d1%7C0%7C0%7C637248086069611524&sdata=4bJ2Oob83N8KftkGD%2F1XG8924jwOx8pTlw8lWNAgp0s%3D&reserved=0>) as outlined in the Catalog of Studies. The courses that meet the state minimum core also fulfill many of the university's General Education requirements (<https://nam03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnextcatalog.uark.edu%2Fundergraduatecatalog%2Fgenerated%2Fgeneraleducation%2F&data=02%7C01%7Cagriffin%40uark.edu%7Ce4e632415f9b49eda9bf08d7f5c20b91%7C79c742c4e61c4fa5be89a3cb566a80d1%7C0%7C0%7C637248086069621479&sdata=QptR3u0pvU0Z%2BDWRVEfAqIMsYNX4KXEgX2JdEJJY7Go%3D&reserved=0>), although there are additional considerations to satisfy the general education learning outcomes. Students are encouraged to consult with their academic adviser when making course selections.