

Human Development and Family Sciences B.S.H.E.S.

First Year	Units	
	Fall	Spring
UNIV 1001 University Perspectives	1	
HDFS 1403 Life Span Development (Satisfies General Education Outcomes 3.3, 4.1, 4.2, and 5.1)	3	
ENGL 1013 Composition I (ACTS Equivalency = ENGL 1013) (Satisfies General Education Outcome 1.1)	3	
Fine Arts State Minimum Core Elective (Satisfies General Education Outcome 3.1)	3	
MATH 1203 College Algebra (ACTS Equivalency = MATH 1103) (Satisfies General Education Outcome 2.1)	3	
General Elective	3	
HDFS 2413 Family Relations (Satisfies General Education Outcomes 3.3, 4.1 and 4.2)		3
ENGL 1023 Composition II (ACTS Equivalency = ENGL 1023) (Satisfies General Education Outcome 1.1)		3
COMM 1313 Public Speaking (ACTS Equivalency = SPCH 1003) (Satisfies General Education Outcomes 1.2 and 5.1)		3
Science State Minimum Core Elective (Satisfies General Education Outcome 3.4)		4
Satisfies General Education Outcome 3.2:		
PHIL 2103 Introduction to Ethics (ACTS Equivalency = PHIL 1003)		3
or PHIL 2003 Introduction to Philosophy (ACTS Equivalency = PHIL 1103)		
Year Total:	16	16
Second Year	Units	
	Fall	Spring
NUTR 1213 Fundamentals of Nutrition	3	
SCWK 3633 Child Welfare: 21st Century Perspectives	3	
Satisfies General Education Outcome 3.3:		
PSYC 2003 General Psychology (ACTS Equivalency = PSYC 1103)	3	
or SOCI 2013 General Sociology (ACTS Equivalency = SOCI 1013)		
U.S. History or Government State Minimum Core Elective (Satisfies General Education Outcome 4.2)	3	
Science State Minimum Core Elective (Satisfies General Education Outcome 3.4)	4	
HDFS 2433 Child Development		3
HDFS 3423 Adolescent Development		3

General Electives		3
HDFS 2603 Rural Families and Communities		3
HDFS 2493 Introduction to Cultural Competence		3
Year Total:	16	15

Third Year	Units	
	Fall	Spring
HDFS 2463 Introduction to Leadership and Administration in the Helping Professions	3	
HDFS 2483 Family Financial Management	3	
HDFS 3443 Families in Crisis	3	
HDFS 4473 Multicultural Families	3	
STAT 2303 Principles of Statistics (ACTS Equivalency = MATH 2103)	3	
SCWK 3163 On Death and Dying		3
HDFS 3453 Parenting and Family Dynamics		3
General Elective		2
HDFS Elective		3
HDFS 4413 Infancy: Brain, Learning and Social Cognition		3
Year Total:	15	14

Fourth Year	Units	
	Fall	Spring
HDFS 4423 Adult Development	3	
HDFS 3481 Pre-Internship in Human Development and Family Sciences	1	
HDFS 4493 Public Policy Advocacy for Children and Families (Satisfies General Education Outcome 6.1)	3	
HDFS 4763 Research in HDFS: Methodological Approaches	3	
HDFS Electives	6	
HDFS 4483 Internship in Human Development and Family Studies		3
HDFS 4773 Research in HDFS: Statistical Approaches		3
General Elective		3
HDFS Elective		3
Year Total:	16	12

Total Units in Sequence: 120

¹ The Fine Arts Elective courses that satisfy the General Education Outcome 3.1 include:
ARCH 1003, ARHS 1003, COMM 1003, DANC 1003, LARC 1003, MLIT 1003, MLIT 1003H, MLIT 1013, MLIT 1013H, MLIT 1333, THTR 1003, THTR 1013, or THTR 1013H.