

# University (UNIV)

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## Courses

### **UNIV 1001. University Perspectives. 1 Hour.**

A first-year "student success" course, this class will be taught with both an online component and classroom activities. The course is designed to teach/encourage critical thinking and civic engagement. Additionally, this class will explore strategies for dealing with stress and time management to promote solutions for maintaining a physically and mentally healthy body, and to develop communication and leadership skills to benefit students in their education and their careers.

### **UNIV 1001H. Honors University Perspectives. 1 Hour.**

A first-year "student success" course, this class will be taught with both an online component and classroom activities. The course is designed to teach/encourage critical thinking and civic engagement. Additionally, this class will explore strategies for dealing with stress and time management to promote solutions for maintaining a physically and mentally healthy body, and to develop communication and leadership skills to benefit students in their education and their careers.

This course is equivalent to UNIV 1001.

### **UNIV 1011. Writing with Integrity for the Academic World. 1 Hour.**

An exploration of the principles and skills of writing with academic integrity in a collegiate setting. Aimed at preparing students to recognize the intellectual property of others and distinguish it from their own in the research and writing process with attention to the reading, research and writing processes, ethical decision making, and the nature and significance of intellectual property.

### **UNIV 1021. College Learning II. 1 Hour.**

UNIV 1021 complements EDUC 1012 by focusing on additional topics leading to student success, such as setting goals and implementing action plans, assessing interests and skills, investigating career possibilities, and developing financial literacy.

### **UNIV 1031. Math Study Skills. 1 Hour.**

Eight-week course designed for students experiencing difficulty in studying and learning the cognitive and behavioral dimensions of learning mathematics and includes topics such as memory and mathematics, translating mathematics, and math anxiety. Also recommended for math education majors.

### **UNIV 110V. Independent Study. 1-3 Hour.**

Allows students to explore selected topics on an individual basis.

### **UNIV 1401. Career Exploration. 1 Hour.**

This course allows students to graduate from the nationally recognized Professional Development Institute offered by the Career Development Center in an 8-week session as opposed to the traditional non-course option. Coursework will consist of 7 competencies including Self-Awareness, Career Exploration, Experience, Job Search Strategies, Resume/Cover Letter Writing, Interview Skills, and Professional Networking.

### **UNIV 210V. Peer Mentoring Experience. 1-2 Hour.**

The UNIV 210V Peer Mentoring Experience is an independent study course open to students selected as a mentor through the the required selection process. Student-mentors enrolled in this course will serve for the semester as a mentor for one or more UNIV 1001 University Perspectives course(s); meet with University Perspectives students who may need additional guidance; engage in required leadership development and training opportunities; read related research on leadership, development, peer mentoring, and first-year experience programs; and provide feedback on their experience as a mentor. Prerequisite: UNIV 1001 and instructor consent. May be repeated for up to 4 hours of degree credit.

### **UNIV 3401. Career Planning and Professional Development for Juniors and Seniors. 1 Hour.**

This course examines the career planning process of self-assessment, exploring career opportunities in the world of work and learning assertive job search strategies that result in the development of a "Life after College" career plan.