Physical Education (PHED)

Courses

PHED 1003. The Physical Education Profession: An Overview (Sp, Fa). 3 Hours.
An introduction to the teaching of physical education. May be repeated for degree credit.

PHED 2023. Sport Skills (Sp, Fa). 3 Hours.
This course is designed to prepare the student to teach sport skills, primarily those taught in grades 5-8. Prerequisite: PHED 1003.

PHED 2373. Elementary Physical Education (Sp, Su, Fa). 3 Hours.
Program planning and techniques of teaching physical education activities to children; for early childhood, elementary and physical education teachers, supervisors, and principals. Prerequisite: PHED 1003.

PHED 3003. Outdoor Education (Sp, Fa). 3 Hours.
This course is designed to provide opportunities for the student to acquire the skills, teaching and leadership techniques associated with outdoor and adventure activities. Pre- or Corequisite: PHED 3033, PHED 3043, PHED 4743, or PHED 4703. Prerequisite: PHED 1003, junior standing, a cumulative grade point average of 2.5, and pass all three parts of the Praxis Core test.

PHED 3033. Educational Rhythms and Gymnastics (Sp, Fa). 3 Hours.
This course is designed to provide opportunities for the student to perform and teach a variety of rhythmical and gymnastic activities. Pre- or Corequisite: PHED 3003, PHED 3043, PHED 4743, or PHED 4703. Prerequisite: PHED 1003, junior standing, a cumulative grade point average of 2.5, and passed all three parts of Praxis Core test.

PHED 3043. Teaching Fitness (Sp, Fa). 3 Hours.
Instructional strategies for teaching public school students about fitness concepts. Pre- or Corequisite: PHED 3003, PHED 3043, PHED 4743, or PHED 4703. Prerequisite: PHED 1003, junior standing, a cumulative GPA of 2.5, and passed all three parts of Praxis Core.

PHED 3203. Principles and Problems of Coaching (Su, Fa). 3 Hours.
A focus on the various aspects of coaching the athletes in contemporary society through an examination of research findings related to factors affecting performance. Attention to be given to principles, problems and understanding essential to the management of athletic contests. Prerequisite: Junior standing.

PHED 3413. Administration in Physical Education (Sp, Fa). 3 Hours.
An examination of the administrative duties of the physical education teacher. This course is equivalent to KINS 3413.

PHED 3573. The School Health Program (Sp, Fa). 3 Hours.
Studies school health services, the health environment, and health education, as well as the teacher's potential role in each. Prerequisite: CHLP 1103.

PHED 3623. Sport Sociology (Sp, Su, Fa). 3 Hours.
An investigation of the impact of physical education and sport on society.

PHED 3903H. Honors Physical Education for Special Populations (Sp, Fa). 3 Hours.
Provides fundamental concepts and skills essential to physical education programming for students with disabilities. Deals with definitions, disabling conditions, developmental and remedial activities, games, and sports. Prerequisite: Junior standing.

PHED 4001. Coaching Practicum (Sp, Fa). 1 Hour.
Designed for students who want to add the Coaching Endorsement to the state teaching license. Student serves as a coaching assistant with a local school, University or recreational sports team. Students who serves as a coaching assistant with a local school must successfully complete a criminal background check prior to beginning coaching practicum. Prerequisite: PHED 3203 and proof of current First Aid/CPR/AED certification submitted to instructor of record.

PHED 4023. Class Management (Sp, Fa). 3 Hours.
This course is designed to provide opportunities for the student to acquire an understanding that emphasizes class management; and includes professional ethics, and school policies related to students, faculty, and programs. Corequisite: PHED 407V, PHED 4733. Prerequisite: (1)Senior status in KINSBS P-12, (2)have a grade of "C" or better in all KINS/PHED Teacher Education classes: PHED 1003, PHED 2023, PHED 3033, PHED 3043, PHED 3032, PHED 3373, PHED 3703, PHED 3743, PHED 3903, PHED 4321, KINS 3003, KINS 3373 and KINS 3413 (3) must have a cumulative grade point average of 2.7; Praxis Core (all parts) passed; completed or registered for Praxis II content knowledge for Health and Physical Education exam and scores presented to the university internship supervisor. May be repeated for degree credit.

PHED 407V. Physical Education Teaching Internship (Sp, Fa). 1-9 Hour.
This internship involves supervised teaching experience in a P-12 setting. Students will be placed under the guidance of a mentor teacher at specific school sites within NW Arkansas. Internship will be done at both the elementary and secondary levels. Successful completion of a criminal background check is required before beginning internship. Corequisite: PHED 4023, PHED 4733. Prerequisite: Senior status in KINSBS P-12, a grade of "C" or better in all KINS/PHED Teacher Education classes; PHED 1003, PHED 2023, PHED 3033, PHED 3043, PHED 3203, PHED 3373, PHED 3703, PHED 3743, PHED 3903, PHED 4321, KINS 3003, KINS 3373 and KINS 3413; a cumulative grade point average of 2.7 or greater; Praxis Core (all parts) passed; completed or registered for Praxis II content knowledge for Health and Physical Education exam and scores presented to the university internship supervisor. In addition, current Certification in CPR/AED/First Aid should be provided to internship instructor of record.

PHED 432V. Practicum (Sp, Fa). 1-2 Hour.
K-12 Kinesiology majors serve as a teaching assistant with a local school physical education teacher. This course should be taken the semester before PHED 407V Internship. Prerequisite: KINS P-12 or K-12 majors, 2.7 cumulative GPA and passing scores on all three parts of Praxis Core submitted to instructor of record.

PHED 4703. Assessment in Physical Education (Sp, Fa). 3 Hours.
An examination of the assessment duties required of a physical education teacher. The use of authentic assessment and various grading strategies will be investigated. Pre- or Corequisite: PHED 3003, PHED 3033, PHED 3043, or PHED 4743. Prerequisite: PHED 1003, a cumulative grade point average of 2.7 or higher, and pass all three parts of Praxis Core test.
PHED 4733. Senior Seminar (Sp, Fa). 3 Hours.
This capstone class will cover special topics for the Kinesiology P-12 students in preparation for entry into the profession. Resumes, cover letters, teaching philosophy, references, and interview preparation will be included. Students will also review contemporary issues relevant to the physical education teacher. Corequisite: PHED 4023, PHED 4733. Prerequisite: Senior status in KINSBS P-12, a grade of "C" or better in all KINS/PHED Teacher Education classes: PHED 1003, PHED 2023, PHED 3033, PHED 3043, PHED 3203, PHED 3373, PHED 3703, PHED 3743, PHED 3903, PHED 4321, KINS 3003, KINS 3373 and KINS 3413; a cumulative grade point average of 2.7 or greater; Praxis Core (all parts) passed; completed or registered for Praxis II content knowledge for Health and Physical Education exam and scores presented to the university internship supervisor.

PHED 4743. Secondary Physical Education (Sp, Fa). 3 Hours.
Strategies and curriculum for physical education, grades 7-12. Pre- or Corequisite: PHED 3003, PHED 3033, PHED 3043, or PHED 4703. Prerequisite: PHED 1003, a cumulative grade point average of 2.7 and pass all three parts of Praxis Core test.

PHED 480V. Workshop (Su). 3-6 Hour.
Physical education workshop. Prerequisite: Instructor consent.

PHED 5233. Research on Teaching in Physical Education (Odd years, Fa). 3 Hours.
A review of contemporary research literature informing effective teaching practices in physical education settings. Students gain experience in critically reviewing literature in physical education as well as related behavioral science, education, and humanities disciplines; emphasis is placed in incorporating research finding into personal teaching strategies.

PHED 5243. Sport Skill Assessment and Instructional Strategies (Odd years, Su). 3 Hours.
The focus of this course is practical assessment techniques and instructional strategies in the area of sport and physical education activities.

PHED 5253. The Physical Education Curriculum (Even years, Fa). 3 Hours.
Principles, problems, procedures, and the influence of educational philosophy on programs in physical education and their application in the construction of a course of study for a specific situation.

PHED 5273. Professional Issues in Physical Education and Sport (Even years, Fa). 3 Hours.
A review of contemporary research literature informing effective teaching practices in physical education settings. Students gain experience in critically reviewing literature and discussing current issues.

PHED 5313. Risk Management in Physical Education & Athletics (Even years, Su). 3 Hours.
This course is designed to provide opportunities for the student to acquire an understanding of how to reduce the risk of injuries and eliminate hazards that may contribute to injuries associated with physical education and athletics.

PHED 5413. Adapted Movement Science (Even years, Fa). 3 Hours.
Methods and techniques for working with individuals with disabilities in an adapted movement science.

PHED 5553. Scientific Principles of Movement and Performance (Odd years, Su). 3 Hours.
This course focuses on theoretical information about sport biomechanics and movement principles, with practical applications to the physical education of coaching profession.

PHED 5803. Measurement Concepts for K-12 Physical Education Teachers (Su). 3 Hours.
This course focuses on techniques that physical education teachers can use to monitor student progress in a K-12 environment.