Courses

NUTR 1201. Introduction to the Dietetic Profession (Sp, Fa). 1 Hour.
Introduction to profession of dietetics and nutrition including history, scope and future
of professionals with emphasis on academic preparation, internships, acquisition of
professional credentials, career laddering and career opportunities. Guest speakers
will supplement lectures and assignments. Prerequisite: HESCBS or HNHIBS majors
only or by department consent.

The functions of food, body processes, optimum diets in relation to health and
physical fitness.

NUTR 1213H. Honors Fundamentals of Nutrition (Sp, Fa). 3 Hours.
The functions of food, body processes, optimum diets in relation to health and
physical fitness.
This course is equivalent to NUTR 1213.

NUTR 2111L. Principles of Foods Laboratory (Sp, Fa). 1 Hour.
Lecture 2 hours. Corequisite: NUTR 2112.

NUTR 2112. Principles of Foods (Sp, Fa). 2 Hours.
Physical and chemical characteristics of foods and factors that affect these
characteristics during storage and preparation. Lecture 2 hours. Corequisite:
NUTR 2111L. Prerequisite: NUTR 1213 and CHEM 1073 (or CHEM 1103 or CHEM
1213). FHNH or HNHI majors or minors or GES or FCSE majors only.

NUTR 2203. Sports Nutrition (Sp, Fa). 3 Hours.
The integration of concepts from nutrition and exercise physiology into an applied
multidisciplinary study of how food, beverages and dietary supplements influence
physical performance. Prerequisite: NUTR 1213.

NUTR 3203. Human Nutrition (Sp). 3 Hours.
Fundamental human nutrition; nutritive value of foods and general functions
of nutrients based on concepts derived from inorganic and organic chemistry.
Examples relating nutrition to disease used as illustrations to deepen understanding
of normal nutrition. Lecture 3 hours per week. Corequisite: CHEM 2613 and
CHEM 2611L or CHEM 3603 and CHEM 3601L. Prerequisite: NUTR 1213.

NUTR 3213. Communication in Nutrition and Dietetics (Fa). 3 Hours.
A study of communication, nutrition education, health behavior theories, counseling
and interviewing techniques, the Academy of Nutrition and Dietetics Code of
Ethics, outcomes research, reimbursement and marketing yourself. Prerequisite:
NUTR 1213 and FHNH or HNHI majors only.

NUTR 4103. Experimental Foods (Sp). 3 Hours.
Application of experimental methods for investigations in cookery. Group and
individual problems. Lecture 2 hours, laboratory 3 hours per week. Pre- or
Corequisite: AGST 4023 or STAT 2303 or EDFD 2403 or PSYC 2013 and FHNH or
HNHI majors with senior standing only. Corequisite: Lab component. Prerequisite:
NUTR 2112 and NUTR 2111L and (CHEM 1123 and CHEM 1121L or CHEM 1073
and CHEM 1071L).

NUTR 4213. Advanced Nutrition (Fa). 3 Hours.
Normal nutrition with emphasis on utilization of nutrients. Lecture and reports on
current literature 3 hours per week. Prerequisite: CHEM 3813 and NUTR 3203.

NUTR 4223. Life Cycle Nutrition (Fa). 3 Hours.
Study of normal nutrition emphasizing quantitative needs for nutrients as functions
of biologic processes that vary during stages of the life cycle. Attention is given to
pregnancy and childhood and elderly adults. Prerequisite: NUTR 1213 and
either (BIOL 2213 and BIOL 2211L or ANSC 3032 and ANSC 3042) or (CHEM 1073
and CHEM 1071L or CHEM 1103 and BIOL 1543 and BIOL 1541L).

NUTR 423. Community Nutrition (Sp). 3 Hours.
Identifying, assessing, and developing solutions for nutritional problems encountered
at the local, state, federal, and international levels. Lecture 3 hours per week.
Prerequisite: NUTR 1213.

NUTR 4253. Medical Nutrition Therapy I (Fa). 3 Hours.
Principles of medical nutrition therapy with emphasis on the Nutrition Care Process,
and the pathophysiology and current standards of practice for diseases and
disorders. Prerequisite: BIOL 2213 and BIOL 2211L or ANSC 3042 and CHEM 3813.

NUTR 4273. Medical Nutrition Therapy II (Sp). 3 Hours.
Principles of medical nutrition therapy with emphasis on the Nutrition Care Process,
and the pathophysiology and current standards of practice for diseases and
disorders. Lecture 3 hours per week. Prerequisite: NUTR 4263.

NUTR 521V. Readings in Nutrition (Irregular). 1-6 Hour.
Seminar and individual study. Prerequisite: Instructor consent.

NUTR 5223. Nutrition During the Life Cycle (Fa). 3 Hours.
Study of normal nutrition emphasizing quantitative needs for nutrients as functions
of biologic processes that vary during stages of the life cycle. Nutritive needs during
pregnancy and childhood are emphasized with some attention to nourishing aging
and elderly adults. Factors that affect food choices and eating behavior are also
considered. Lecture 3 hours per week. On campus and web-based delivery is
offered. Prerequisite: Graduate standing and consent of instructor.

NUTR 5263. Medical Nutrition Therapy I (Fa). 3 Hours.
Principles of medical nutrition therapy with emphasis on Nutrition Care Process,
and the pathophysiology and current standards of practice for diseases and
disorders. Lecture 3 hours per week. Prerequisite: Graduate standing and consent of instructor.

NUTR 5273. Medical Nutrition Therapy II (Sp). 3 Hours.
Principles of medical nutrition therapy with emphasis on the Nutrition Care Process,
and the pathophysiology and current standards of practice for diseases and
disorders. Lecture 3 hours per week. Prerequisite: NUTR 5263.