

Kinesiology B.S., K-12 Teaching Physical Education, Wellness and Leisure Concentration

Kinesiology B.S. K-12 Teaching Physical Education, Wellness & Leisure Concentration Eight-Semester Degree Program (KINSBS-PEWL)

The teacher education program for Kinesiology K-12 Teaching Physical Education/Wellness & Leisure does not qualify for the eight semester degree plan due to Praxis and cumulative GPA requirements for progression. However, the following 8-semester sample plan shows how a first-year student could select their courses.

First Year	Units	
	Fall	Spring
ENGL 1013 Composition I (ACTS Equivalency = ENGL 1013)	3	
Social Science (except PSYC 2003) ¹	3	
BIOL 1543 Principles of Biology (ACTS Equivalency = BIOL 1014 Lecture) & BIOL 1541L Principles of Biology Laboratory (ACTS Equivalency = BIOL 1014 Lab)	4	
PBHL 1103 Personal Health and Safety	3	
PHED 1003 The Physical Education Profession: An Overview	3	
ENGL 1023 Composition II (ACTS Equivalency = ENGL 1023)		3
MATH 1203 College Algebra (ACTS Equivalency = MATH 1103)		3
COMM 1313 Public Speaking (ACTS Equivalency = SPCH 1003)		3
U.S. History or American National Government ¹		3
PHED 2023 Sport Skills ³		3
Year Total:	16	15

Second Year	Units	
	Fall	Spring
KINS 3223	3	
PSYC 2003 General Psychology (ACTS Equivalency = PSYC 1103)	3	
General Elective	3	
Fine Arts or Humanities ¹	3	
BIOL 2443 Human Anatomy (ACTS Equivalency = BIOL 2404 Lecture) & BIOL 2441L Human Anatomy Laboratory (ACTS Equivalency = BIOL 2404 Lab)	4	
Social Science (except PSYC 2003) ¹		3
Humanities or Fine Arts ¹		3
General Elective		6

PHED 2373 Elementary Physical Education		3
Year Total:	16	15

Third Year	Units	
	Fall	Spring
PHED 3003 Outdoor Education ⁴	3	
PHED 3033 Educational Rhythms and Gymnastics ⁴	3	
PHED 3203 Principles and Problems of Coaching	3	
PHED 3903 Physical Education for Special Populations ⁴	3	
KINS 3163 ²	3	
PHED 3043 Teaching Fitness ⁴		3
PHED 3623 Sport Sociology		3
EXSC 3353 Mechanics of Human Movement		3
CIED 3033 Classroom Learning Theory		3
CNED 4003 Classroom Human Relations Skills or CNED 3053 The Helping Relationship		3
Year Total:	15	15

Fourth Year	Units	
	Fall	Spring
PHED 3413 Administration in Physical Education	3	
PHED 3573 The School Health Program	3	
PHED 432V Teaching Practicum ⁴	1	
General Elective	3	
PHED 4703 Assessment in Physical Education	3	
PHED 4743 Secondary Physical Education	3	
PHED 4023 Class Management		3
PHED 407V Physical Education Teaching Internship		6
PHED 4733 Senior Seminar		3
Year Total:	16	12

Total Units in Sequence: 120

¹ Core areas must be completed as outlined in University Core (<http://catalog.uark.edu/undergraduatecatalog/academicregulations/universitycore>).

² EXSC 3153 has additional prerequisites not included in program of study.

³ Must have grade 'C' or better to award degree credit.

⁴ All three parts of the Praxis Core exam must be completed prior to enrollment.