

Food, Nutrition and Health B.S.H.E.S.

Food, Nutrition and Health B.S.H.E.S., Eight-Semester Degree Program

Students wishing to follow the degree plan in Food, Nutrition and Health major should go to the Eight-Semester Degree Policy (<http://catalog.uark.edu/undergraduatecatalog/academicregulations/eightsemesterdegreecompletionpolicy/>) in the Academic Regulations chapter for university requirements of the program.

First Year	Units	
	Fall	Spring
Satisfies General Education Outcome 3.4:		
CHEM 14103 University Chemistry I (ACTS Equivalency = CHEM 1414 Lecture) & CHEM 14101 University Chemistry I Laboratory (ACTS Equivalency = CHEM 1414 Lab)	4	
NUTR 12103 Fundamentals of Nutrition	3	
HOSP 26101 Foodservice Sanitation	1	
UNIV 10051 University Perspectives	1	
MATH 11003 College Algebra (ACTS Equivalency = MATH 1103) (or higher level math) (Satisfies General Education Outcome 2.1)	3	
ENGL 10103 Composition I (ACTS Equivalency = ENGL 1013) (unless exempt) (Satisfies General Education Outcome 1.1)	3	
ENGL 10203 Composition II (ACTS Equivalency = ENGL 1023) (unless exempt) (Satisfies General Education Outcome 1.1)		3
SPCH 10003 Public Speaking (ACTS Equivalency = SPCH 1003) (Satisfies General Education Outcomes 1.2 and 5.1)		3
Fine Arts State Minimum Core Elective (Satisfies General Education Outcome 3.1) ¹		3
Humanities State Minimum Core Elective (Satisfies General Education Outcome 3.2) ²		3
Choose 4 Hours from the following: (Satisfies General Education Outcome 3.4)		4
CHEM 14203 University Chemistry II (ACTS Equivalency = CHEM 1424 Lecture) & CHEM 14201 University Chemistry II Laboratory (ACTS Equivalency = CHEM 1424 Lab)		
Science State Minimum Core Elective		
Year Total:	15	16

Second Year	Units	
	Fall	Spring
NUTR 21103 Principles of Foods & NUTR 21101 Principles of Foods Laboratory	4	
Electives ³	6	
PSYC 20003 General Psychology (ACTS Equivalency = PSYC 1103) (Satisfies General Education Outcome 3.3)	3	

MATH 21003 Principles of Statistics (ACTS Equivalency = MATH 2103)	3	
Satisfies General Education Outcomes 3.3, 4.1, and 4.2:		
HDFS 24103 Family Relations or HDFS 14003 Life Span Development		3
ENGL 30503 Technical and Professional Writing (ACTS Equivalency = ENGL 2023) or ACOM 31403 Communicating Agriculture to the Public		3
Electives ³		9
Year Total:	16	15

Third Year	Units	
	Fall	Spring
NUTR 32103 Nutrition Education and Counseling	3	
NUTR 31043 Culinary Nutrition & NUTR 31041 Culinary Nutrition Lab	4	
Social Science State Minimum Core Elective (Satisfies General Education Outcome 3.3)	3	
US History or Government State Minimum Core Elective	3	
Electives ³	3	
NUTR 42403 Community Nutrition		3
Electives ³		12
Year Total:	16	15

Fourth Year	Units	
	Fall	Spring
NUTR 42203 Life Cycle Nutrition	3	
NUTR 43003 Cultural Perspectives on Foods	3	
Electives ³	9	
NUTR 44033 Recipe Modification & NUTR 44031 Recipe Modification Lab or NUTR 43003 Cultural Perspectives on Foods		4
NUTR 40001 Nutrition Seminar (Satisfies General Education Outcome 6.1)		1
NUTR 41003 Research Methods in Nutrition		3
Electives ³		4
Year Total:	15	12

Total Units in Sequence: 120

¹ The Fine Arts Elective courses that satisfy General Education Outcome 3.1 include: ARCH 10003, ARHS 10003, COMM 10003, DANC 10003, LARC 10003, MUSC 10003, MUSC 100H3, MUSC 10103, MUSC 101H3, MUSC 13303, THTR 10003, THTR 10103, or THTR 101H3.

² The Humanities Elective courses which satisfy General Education Outcome 3.2 include: AAST 20203, ANTH 10303, ARCH 10103, CLST 10003, CLST 100H3, CLST 10103, COMM 12303, DANC 10003, ENGL 11103, ENGL 11203, ENGL 12103, GNST 20003, HIST 11193, HIST 111H3, HIST 11293, HIST 112H3, HIST 20003, HIST 20103, HUMN 112H4, HUMN 22103, LALS 20103, MRST 20103, MUSY 20003, MUSY 200H3, PHIL 20003, PHIL 200H3, PHIL 21003, PHIL 23003, THTR 10003, THTR 10103, THTR 101H3, or Intermediate-level world language.

2 Food, Nutrition and Health B.S.H.E.S.

³ Students must complete 40 hours of upper division courses (3000-4000 level). It is recommended that students consult with their academic adviser when making course selections.