Counselor Education (CNED)

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Program Description: The Counselor Education program at the University of Arkansas is committed to providing quality education and training for individuals pursuing counseling positions in a variety of settings. The M.S. and Ph.D. degrees are offered through the program. The Counselor Education Program's M.S. in School Counseling, M.S. in Mental Health Counseling, and Ph.D. in Counselor Education are accredited by the Council for Accreditation of Counseling and Related Education Programs (CACREP). Common course requirements are specified for each emphasis. General requirements for M.S. and Ph.D. applicants are as specified in the Objectives, Regulations, and Degrees section of this catalog. Persons completing degrees in counselor education are eligible to apply for licensure as a Professional Counselor through the Board of Examiners in Counseling for the State of Arkansas and/or for various certifications through the State Department of Education and National Board for Certified Counselors. Persons intending to complete school counselor certification requirements for the state of Arkansas must, in addition to the master's degree, meet certain Arkansas Department of Education requirements.

Master of Science in Counseling
Areas of Concentration: Mental health counseling and school counseling.

Admission Requirements and Procedures for the Master of Science in Counseling Degree Program: Academic requirements include a 3.00 GPA on all undergraduate and also on any previous graduate course work. Applicants should submit a program application, GRE scores, three letters of professional recommendation, a writing sample, and a statement of professional goals to the Coordinator for Graduate Studies (GRAD 116). Applicants should first submit an application and official transcripts to the Graduate School. The applicant must be accepted by the Graduate School prior to consideration for admission into the Counseling Program. Top applicants will be invited for a personal interview with Counselor Education faculty. Completed application deadlines are September 15 for spring admission and January 15 for summer/fall admission.

Requirements for the Master of Science in Counseling Degree:

<table>
<thead>
<tr>
<th>Emphasis in Mental Health Counseling</th>
<th>Required Core Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNED 5193 Clinical Mental Health Counseling (Sp)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 5343 Counseling Practicum (Sp, Fa) (100 clock hours in a mental health counseling setting)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 5353 Psychopharmacology (Su)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 5373 Ethical and Legal Issues in Counseling (Fa)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 5383 Crisis Intervention Counseling (Su)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 5403 Case Management and Counseling (Fa)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 574V Counseling Internship (Sp, Fa) (6 semester hours; 600 clock hours in a community setting)</td>
<td>6</td>
</tr>
<tr>
<td>Total Hours 27</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Emphasis in School Counseling</th>
<th>Required Core Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNED 5313 Program Organization and Information Management (Fa)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 5343 Counseling Practicum (Sp, Fa) (100 clock hours in a school counseling setting)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 5403 Case Management and Counseling (Fa)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 574V Counseling Internship (Sp, Fa) (6 semester hours; 600 clock hours in an elementary or secondary school setting)</td>
<td>6</td>
</tr>
<tr>
<td>CNED 6083 Consultation Theory and Methods (Su)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 6093 Counseling Children and Adolescents Through Play (Sp)</td>
<td>3</td>
</tr>
<tr>
<td>Total Hours 25</td>
<td></td>
</tr>
</tbody>
</table>

Doctor of Philosophy in Counselor Education

Admission Requirements and Procedures for the Doctor of Philosophy Degree: Applicants for the doctoral program in counselor education may obtain an application packet from the counselor education Web site: http://cned.uark.edu.

Doctoral applicants must:
1. Have a completed master’s degree in counseling or its equivalent in areas specified by the Council for Accreditation of Counseling and Related Education Programs (CACREP), and preferably one year post-master’s professional counseling experience or the equivalent.

2. Apply to the Graduate School.

3. Submit official transcripts reflecting a minimum 3.5 GPA on all previous graduate work.


5. Submit three letters of recommendation indicating capacity for advanced graduate study.

6. Submit an autobiographical sketch.

7. Submit a role-play recording demonstrating counseling skills.

8. Top applicants will be invited for a formal interview with the counselor education faculty.

9. All applicants must be accepted by the Graduate School prior to consideration for admission into the Counseling Program.

10. Complete applications are due September 15 for Spring admission and January 15 for Summer/Fall admission.

Requirements for the Doctor of Philosophy Degree: Candidates for the Doctor of Philosophy in counselor education must meet the requirements for the applicable degree in the Objectives, Regulations, and Degrees section of this catalog and complete a minimum of 98 semester hours of graduate study acceptable to their doctoral advisory committee.

Counselor Education Core Courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNED 6013</td>
<td>Advanced Counseling Theory and Methods (Even years, Sp)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 6033</td>
<td>Advanced Group Theory and Methods (Odd years, Sp)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 6043</td>
<td>Supervision of Counselors (Even years, Fa)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 6083</td>
<td>Consultation Theory and Methods (Su)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 6223</td>
<td>Foundations of Counselor Education and Supervision (Odd years, Sp)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 6343</td>
<td>Cultural Foundations and Counseling (Even years, 3 Fa)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 6711</td>
<td>Advanced Counseling Practicum (Sp)</td>
<td>1</td>
</tr>
<tr>
<td>CNED 674V</td>
<td>Internship (Sp, Su, Fa) (RHAB 625V Teaching Internship can count as part of the 6-12 internship hours.)</td>
<td>6-12</td>
</tr>
<tr>
<td>CNED 700V</td>
<td>Doctoral Dissertation (Sp, Su, Fa)</td>
<td>18</td>
</tr>
</tbody>
</table>

Select four of the following as a cognate:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNED 6003</td>
<td>Counseling and Addictions (Su)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 6093</td>
<td>Counseling Children and Adolescents Through Play (Sp)</td>
<td>3</td>
</tr>
<tr>
<td>CNED 699V</td>
<td>Seminar (Su)</td>
<td>3</td>
</tr>
<tr>
<td>RHAB 6203</td>
<td>Disability Policy in the U.S. (Fa)</td>
<td>3</td>
</tr>
<tr>
<td>RHAB 6213</td>
<td>Advanced Psychosocial Aspects of Disability (Odd years, Fa)</td>
<td>3</td>
</tr>
<tr>
<td>RHAB 6233</td>
<td>Employment Practices and Interventions (Sp)</td>
<td>3</td>
</tr>
<tr>
<td>RHAB 699V</td>
<td>Seminar (Sp, Su, Fa)</td>
<td>3</td>
</tr>
<tr>
<td>HIED 6013</td>
<td>The Professoriate: Problems and Issues (Irregular)</td>
<td>3</td>
</tr>
<tr>
<td>HIED 6643</td>
<td>College Students in the United States (Irregular)</td>
<td>3</td>
</tr>
<tr>
<td>HIED 6323</td>
<td>Design and Evaluation of College Teaching (Irregular)</td>
<td>3</td>
</tr>
</tbody>
</table>

Research and Statistics Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNED 6073</td>
<td>Research in Counseling (Fa)</td>
<td>3</td>
</tr>
<tr>
<td>or RHAB 6243</td>
<td>Advanced Rehabilitation Research (Sp)</td>
<td>3</td>
</tr>
<tr>
<td>ESRM 6403</td>
<td>Educational Statistics and Data Processing (Sp, Su, Fa)</td>
<td>3</td>
</tr>
<tr>
<td>ESRM 6413</td>
<td>Experimental Design in Education (Sp)</td>
<td>3</td>
</tr>
<tr>
<td>ESRM 6533</td>
<td>Qualitative Research (Sp, Fa)</td>
<td>3</td>
</tr>
<tr>
<td>3 credit hours of statistical elective course approved by the advisory committee</td>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

Cognate Requirement:

Doctoral students may choose cognate courses (total of 12 credit hours) in the areas of rehabilitation counseling, higher education, clinical counseling, or student’s choice with advisory committee approval. Nine hours of courses must be at the 6000 level.

Other Requirements:

Dissertation (listed above), research and statistics (listed above).

Students should also be aware of Graduate School requirements with regard to doctoral degrees (http://catalog.uark.edu/graduatecatalog/degreerequirements/phdanddddeenpretext).

Doctoral Portfolio

Portfolios are developed with the guidance and approval of the doctoral advisory committee and are due at the time of the student’s oral comprehensive examination.

Courses

CNED 5003. Counseling and Human Development (Sp, Fa). 3 Hours.

An introductory study of human nature/behavior through knowledge of lifespan developmental theory, personality development, modern & post-modern approaches to the study of human nature/behavior, and learning theory. Throughout the course, close attention will be given to human ecology or those social/historical/cultural/environmental forces furthering or impeding development. Prerequisite: Graduate standing.

CNED 5193. Clinical Mental Health Counseling (Sp). 3 Hours.

A study of counseling profession applicable to school, college and community agency settings. Introduction to the basic educational, historical, philosophical foundations of counseling as well as specific traits and skills of professional community counselors. In addition, the course is designed to provide introductory level concepts and skills required for future certification and licensure as counseling professionals. Prerequisite: Graduate student status.

CNED 5203. Foundations of the Counseling Profession (Su, Fa). 3 Hours.

This course is intended to give students a broad overview of human nature/behavior through knowledge of lifespan developmental theory, personality development, modern & post-modern approaches to the study of human nature/behavior, and learning theory. Throughout the course, close attention will be given to human ecology or those social/historical/cultural/environmental forces furthering or impeding development. Prerequisite: Graduate standing.

CNED 5213. Lifestyle & Career Development (Su). 3 Hours.

Theories of career development and counseling, including the use of occupational information sources and career assessment tools and techniques. Prerequisite: CNED 5333.
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CNED 5223. Introduction to School Counseling (Irregular). 3 Hours.
Philosophy, organization, and practices of a counseling program in the elementary and secondary school. The school counselor's role as counselor, consultant, and coordinator, professional identity, and legal issues are included. Includes a significant focus on ethical standards and issues.

CNED 5303. Individual Appraisal (Fa). 3 Hours.
Analysis of concepts, methods, and procedures utilized in individual appraisal.

CNED 5313. Program Organization and Information Management (Fa). 3 Hours.
This course addresses needs and strategies for effective development and management of school counseling programs and guidance curriculum. Prerequisite: CNED 5223.

CNED 5323. Counseling Theory (Su, Fa). 3 Hours.
Introductory survey and critical analysis of major alternative theoretical perspectives in counseling.

CNED 5333. Basic Counseling Techniques (Sp, Fa). 3 Hours.
Introduction to basic counseling techniques and skills common to multiple theoretical perspectives. Prerequisite: Master's students in Counseling.

CNED 5343. Counseling Practicum (Sp, Fa). 3 Hours.
Supervised counseling practice. CNED faculty consent required. Pre- or Corequisite: CNED 5303 and CNED 5363 and CNED 5373. Prerequisite: CNED 5203, CNED 5233, CNED 5333, CNED 5403.

CNED 5353. Psychopharmacology (Su). 3 Hours.
Study of theory, research, & practice issues pertaining to psychopharmacology for non-medical practitioners. Prerequisite: CNED 5203, CNED 5233, and CNED 5333.

CNED 5363. Dynamics of Group Counseling (Sp, Fa). 3 Hours.
Therapeutic and other theoretical information is presented regarding group process and the counselor's role in that process. An experiential group experience is required. Prerequisite: CNED 5333 and CNED 5323.

CNED 5373. Ethical and Legal Issues in Counseling (Fa). 3 Hours.
Review of ethical and legal standards governing professional counselor training, research, and counseling practice; including client rights; confidentiality; the client-counselor relationship; and counseling research, training, and supervision. Prerequisite: CNED 5003 and CNED 5203.

CNED 5383. Crisis Intervention Counseling (Su). 3 Hours.
Analysis and application of short-term counseling intervention strategies in crisis situations, with special attention to incidents involving rape, physical, or emotional abuse, divorce, suicidal depression, grief, martial or family instability, and violent conflict. Prerequisite: CNED 5333.

CNED 5403. Case Management and Counseling (Fa). 3 Hours.
Procedures in case management utilizing both clinical and interview data in assisting children, adolescents, and adults in educational, vocational, personal, and social planning. Prerequisite: CNED 5303 and CNED 5233 and CNED 5333.

CNED 5513. Counseling and Human Diversity (Su). 3 Hours.
Examination of human and cultural diversity, emphasizing issues of race, class, and socioeconomic status, and how they impact our clients as individuals and as family and society members.

CNED 574V. Counseling Internship (Sp, Fa). 1-3 Hour.
A 600-clock-hour field placement in an approved setting over a minimum of two continuous semesters. For students completing a counseling internship in a school setting, successful completion of a criminal background check is required before beginning internship. Pre- or Corequisite: CNED 5213. Prerequisite: CNED 5203, CNED 5303, CNED 5323, CNED 5333, CNED 5343, CNED 5363, CNED 5373, CNED 5403, CNED 5513. CNED faculty consent required. May be repeated for up to 6 hours of degree credit.

CNED 599V. Seminar (Irregular). 1-6 Hour.
May be repeated for up to 6 hours of degree credit.

CNED 6003. Counseling and Addictions (Su). 3 Hours.
A study of behavioral and substance additions, including an overview of differential treatment. Prerequisite: CNED 5323 and CNED 5333 and CNED doctoral or masters standing or permission.

CNED 600V. Master's Thesis (Sp, Su, Fa). 1-6 Hour.
Master's Thesis. May be repeated for degree credit.

CNED 6013. Advanced Counseling Theory and Methods (Even years, Sp). 3 Hours.
Critical analysis of major theoretical perspectives in counseling, including both group and individual counseling strategies for dealing with affective, cognitive, and behavioral dysfunction. Prerequisite: CNED doctoral standing or permission.

CNED 6023. Foundations of Marriage and Family Counseling Therapy (Su). 3 Hours.
Comprehensive exploration of the current theories/techniques of marriage, family and couples counseling. Prerequisite: CNED 5323 and CNED 5333 and CNED doctoral or masters standing or permission.

CNED 6033. Advanced Group Theory and Methods (Odd years, Sp). 3 Hours.
Comparative study of theories and processes of group counseling. Includes supervised experience in group facilitation with video recording and playback. Prerequisite: CNED 5363 or equivalent and CNED doctoral or masters standing or permission.

CNED 6043. Supervision of Counselors (Even years, Fa). 3 Hours.
Analysis, assessment, and practical application of counselor supervision techniques in treatment and training programs. Prerequisite: CNED doctoral standing and CNED faculty consent.

CNED 605V. Independent Study (Sp, Su, Fa). 1-18 Hour.
May be repeated for up to 18 hours of degree credit.

CNED 6073. Research in Counseling (Fa). 3 Hours.
This course involves acquiring a knowledge and understanding of the use of research in counseling and the development of new research in the counseling profession that has heuristic value. Prerequisite: Graduate standing.

CNED 6083. Consultation Theory and Methods (Su). 3 Hours.
Strategies, practical application, and techniques for effective consultation with parents, teachers, and community agencies. Prerequisite: CNED 5333 (preferred) CNED doctoral or masters standing or permission.

CNED 6093. Counseling Children and Adolescents Through Play (Sp). 3 Hours.
Introduction to counseling children and adolescents through play; including the process, theories, techniques, and materials applicable to children and adolescents in a pluralistic society. Prerequisite: CNED 5323 and CNED 5333 and CNED doctoral or masters standing or permission.

CNED 6113. Theory to Practice: Working with Co-occurring Disorders (Su). 3 Hours.
This course is designed to demonstrate the application of theory to practice in the treatment of co-occurring disorders. Specifically, it is intended to carefully review current research and literature on counseling individuals presenting with both a substance abuse disorder and mental-emotional challenges. Pre- or Corequisite: CNED 6003. Prerequisite: Graduate or license eligible.

CNED 6123. Clinical Applications of Marriage and Family Counseling and Therapy (Odd years, Fa). 3 Hours.
Advanced clinical methodology appropriate for family counseling, marriage counseling, and couples counseling( in all settings), with emphasis on solution-focused systems, Satir model and psychoeducational family work in schools. Includes supervision of clinical experience in marriage, family and couples counseling, video recording and school/community outreach. Prerequisite: CNED doctoral standing or permission.
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CNED 6133. Introduction to Play Therapy (Irregular). 3 Hours.
This course is an introduction to the basic concepts of child-centered play therapy (CCPT). Students will learn the conceptual framework of child-centered play therapy, as well as the attitudes and skills necessary to establish and maintain facilitative relationships with children that encourage their self-expression and facilitate change. Prerequisite: CNED 5323 and CNED 5333 and CNED doctoral or masters standing or consent.

CNED 6223. Foundations of Counselor Education and Supervision (Odd years, Sp). 3 Hours.
This course is designed to enhance the professional development and acculturation of doctoral students in order to facilitate their success in professional leadership roles of counselor education, supervision, counseling practice, and research competencies. Prerequisite: CNED Doctoral status or permission.

CNED 6343. Cultural Foundations and Counseling (Even years, Fa). 3 Hours.
To gain learning experiences in pedagogy relevant to multicultural issues and competencies, including social change theory and advocacy action planning. To identify current multicultural issues as they relate to social change theories, ethical and legal considerations, disability, gender, sexuality, social justice, and advocacy models. Prerequisite: CNED or RHAB Doctoral Standing or Permission.

CNED 6413. Advanced Individual Appraisal (Odd years, Fa). 3 Hours.
To provide advanced knowledge and experience with those psychoeducational instruments and procedures used in conducting school related assessment. Prerequisite: CNED 5303 or equivalent and CNED doctoral standing or permission.

CNED 6711. Advanced Counseling Practicum (Sp). 1 Hour.
Supervised counseling practice. A 100-clock hour approved practical counseling experience. Prerequisite: CNED doctoral standing and permission of CNED faculty and Clinical Coordinator. May be repeated for up to 3 hours of degree credit.

CNED 674V. Internship (Sp, Su, Fa). 1-18 Hour.
Supervised field placement (Clinical/Instructorship/Supervision/Research). Prerequisite: CNED doctoral standing, CNED faculty consent and CNED Clinical Coordinator consent. May be repeated for up to 18 hours of degree credit.

CNED 699V. Seminar (Su). 1-18 Hour.
Prerequisite: CNED Doctoral standing or permission. May be repeated for up to 18 hours of degree credit.

CNED 700V. Doctoral Dissertation (Sp, Su, Fa). 1-18 Hour.
Doctoral Dissertation. Prerequisite: Candidacy and consent. May be repeated for degree credit.